

# Diagnosis Hot Sheet:

Accurate, specific diagnosing of patient conditions is vital to the Risk Adjustment payment methodology



## Most Effective Way to Document – MEAT!

- M Monitor** - signs, symptoms, disease progression, disease regression
- E Evaluate** - test results, medication effectiveness, response to treatment
- A Assess/Address** - ordering tests, discussion, review records, counseling
- T Treat** - medications, therapies, other modalities

## CHRONIC CONDITIONS

### NEED TO BE ADDRESSED ONCE A YEAR

- Artificial Opening (ostomy) – **Z93.9**
- HIV Status – **Z21**
- Insulin dependent (if type II) – **Z79.4**
- Lower Limb Amputee – **Z89.4 / Z89.5**
- Noncompliant with Renal Dialysis – **Z91.15**
- Respirator Dependence – **Z99.11**
- Renal Dialysis – **Z99.2**
- Tracheostomy – **Z93.0**

## CONGESTIVE HEART FAILURE

### Important to Document

- Acuity** – Acute, Chronic, Acute on Chronic
- Type** – Diastolic, Systolic, Combined systolic and diastolic
- Due to or associated with** – Cardiac or other surgery, Hypertension, Valvular disease, Rheumatic heart disease (Endocarditis, Pericarditis, Myocarditis), Other
- I50.1** Left Ventricular Failure
- I50.21** Acute Systolic CHF
- I50.22** Chronic Systolic CHF
- I50.23** Acute on Chronic Systolic CHF
- I50.31** Acute Diastolic CHF
- I50.32** Chronic Diastolic CHF
- I50.33** Acute on Chronic Diastolic CHF
- I50.41** Acute combined Systolic and Diastolic CHF
- I50.42** Chronic combined Systolic and Diastolic CHF
- I50.43** Acute on Chronic combined Systolic and

## MAJOR DEPRESSIVE DISORDER

### Important to Document

- Episode** – single episode or recurrent
- Severity** – mild, moderate, severe with or without psychotic features
- Clinic Status of Current Episode** – partial or full remission
- F32.0** MDD, single episode, mild
- F32.1** MDD, single episode, moderate
- F32.2** MDD, single episode, severe w/o psychotic episodes
- F33.0** MDD, recurrent, mild
- F33.1** MDD, recurrent, moderate
- F33.2** MDD, recurrent, severe w/o psychotic episodes
- F32.4** MDD, single episode, partial remission
- F32.5** MDD, single episode, full remission
- F32.40** MDD, recurrent, remission, unspecified
- F32.41** MDD, recurrent, partial remission
- F33.42** MDD, recurrent, full remission
- Use PHQ-9 to aid in identifying severity level

## CHRONIC OBSTRUCTIVE PULMONARY DISEASE

### Important to Document

- J44.0** COPD with acute lower respiratory infection
- J44.1** COPD with acute exacerbation
- J44.9** COPD, unspecified
- Use additional reporting code when applicable - tobacco use (Z72.0), tobacco dependence (F17.-), history of tobacco dependence (Z87.891), exposure to environment tobacco smoke (Z77.22)

## CHRONIC KIDNEY DISEASE

### Important to Document

- Stage** – 1-5 and ESRD
- Type** – Acute or Chronic
- Status of Condition** – stable, worsening, ect
- Underlying Cause (if known)** – Hypertension, Diabetes
- Use linking terminology "Stage 4 CKD due to diabetes", "diabetic nephropathy"
- Dialysis Status**

ICD-10	Stage	Severity	GFR Value
N18.1	Stage 1	Normal	GFR > 90 ml
N18.2	Stage 2	Mild	GFR 60-89 ml
N18.3	Stage 3	Moderate	GFR 30-59 ml
N18.4	Stage 4	Severe	GFR 15-29 ml
N18.5	Stage 5	Kidney Failure	GFR < 15 ml
N18.6	Stage 5	End Stage Renal Disease	Requiring chronic dialysis or transplant

## DIABETES

### Important to document

- Type** – 1 or 2
- Control** – controlled, poorly controlled, uncontrolled, out of control
- Specify Complications w/ linking verbage** – "caused by", "due to", "with", "secondary to"
- Insulin Use** Insulin Use (Z79.4)

Type 1	Type 2	Description
E10.21	E11.21	DM w/ Diabetic Nephropathy
E10.22	E11.22	DM w/ Chronic Kidney Disease
E10.29	E11.29	DM w/ other Diabetic Kidney Compl
E10.40	E11.40	DM w/ Diabetic Neuropathy, unsp
E10.42	E11.42	DM w/ Diabetic Polyneuropathy
E10.43	E11.43	DM w/ Diabetic Autonomic (poly) Nuero
E10.59	E11.59	DM w/ other Circulatory Complication
E10.621	E11.621	DM w/ Foot Ulcer
E10.65	E11.65	DM w/ Hyperglycemia
E10.69	E11.69	DM w/ other Specific Complication

Yearly screenings - A1C, retinal eye exam, nephropathy